

# Gerhard Visser

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## Coaching and Mentoring

**Contents**      Organisational change management, new management styles and employee involvement and motivation are crucial realities of the new business environment. Coaching and mentoring trends are not only challenging individuals to develop and manage themselves but are becoming an integral part of productive performance and accelerated learning. Coaching can help in career progression, strategic planning, skills development, employment equity and in building relationships and leadership potential. Many people at every level of the organisation can facilitate coaching and mentoring processes and initiatives producing a positive learning culture within the organisation.

This interactive and practical two day course will equip you with the skills to manage and develop your coaching skills for yourself and others in your organisation and will involve you from both the coach and coachee perspective.

**Outcomes**

- Understand and apply the principles of coaching and mentoring
- Develop communication and coaching skills that can aid self-development
- Assess behaviour and learning capabilities that effect work performance
- Build positive relationships that support and empower individuals
- Set up coaching programmes and plans to develop capability and motivation
- Initiate the coaching process to enhance your organisations effectiveness

**Target Audience**      Experienced office professionals, executive PA's, team leaders, and managers who are looking to coach others in the organisation or who wish to learn about the coaching process for self-development and effective performance management.

**Duration**      2 days

**Investment per learner**      Quotation will be provided on request