

Coaching and Mentoring

Contents Coaching and mentoring relationships are a key, yet often overlooked, component of successful organisations. The workshop is structured to develop a mastery of the skills and techniques of mentoring and coaching by combining both the theoretical underpinning of skills and techniques frameworks with practical applications and approaches to meet a variety of circumstances.

Many people at every level of the organisation can facilitate coaching and mentoring processes and initiatives producing a positive learning culture within the organisation

- Outcomes**
- Understand the differences between coaching, mentoring and training
 - Assess behaviour and learning capabilities that effect work performance
 - Create individual development frameworks
 - Build trust and develop positive relationships that support and empower individuals
 - Use positive language patterns and questioning techniques
 - Use active listening skills
 - Initiate the coaching process to enhance your organisations effectiveness.

Target Audience Any individuals who manage others and are responsible for their development in the workplace, e.g. Team Leaders, Supervisors and Managers

Duration 2 days

Investment per learner Quotation will be provided on request