

# André Diederichs

## *Public Speaking: Personal Coaching*

Based on André's vast experience & lessons learned as a public speaker over more than 30 years.

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The fear of public speaking IS COMMON! It can glue people to their chair and bog-tying them to the status quo UNLESS they learn to overcome their fears.

Personal Coaching and Mentoring to excel in Public Speaking, in a one-on-one or small group, non-threatening-environment..

### Outcomes

The delegate will clearly understand how to compile a professional presentation and sharpen his/her presentation skills by learning the best practices to present,

They will also do actual presentations in a non-threatening-environment until the skill is mastered and fears are removed.

### Target Audience

Leaders/Managers/Politicians and all staff that have to do public presentations inside or outside the workplace.

### Duration

Three 60 minute training sessions followed by actual presentations on another day until the delegate fully master the skill

### Investment per organisation

A minimum & maximum fee will be negotiated according to the ability of the individual delegate for which the personal coaching is done and time spend on

actual presentation exercises until the delegate master the skill and feel comfortable to present.